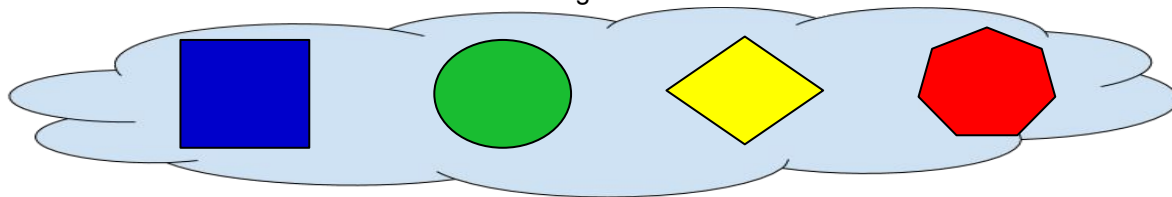


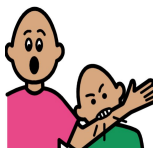
Processing Sheet

3. What Zone was I in? How was I feeling?

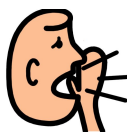


1. What happened first?

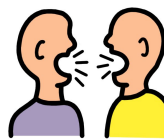
2. What happened next?



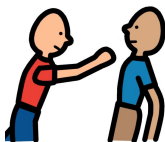
Biting



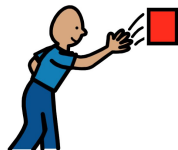
Yelling



Fighting



Pushing/hitting



Throwing



Running

4. My behavior made people feel:



5. What tools could I have used to get back to **green**?
Practice.

6. Before I return to class, I need to:



Apologize



Talk to my teacher



Clean up area



Shake hands



Ask to be friends